

How to use the “All about Me” book

- The “All about Me” book is intended for use by parents/carers and all professionals who provide Early Years care for children and help to prepare them for transition.
- The whole booklet does not have to be used; individual pages can be combined and used as required.
- Little Swans uses the “All about Me” book for all children. This will be around your child’s transition from home to our setting; for transition within Little Swans, or for additional information around transition to school; to inform our planning while helping your child settle into nursery; working together with family and carers.
- Although some of the sheets in the “All about Me” book mention transition to school, it is not intended to be used as a transition document. Should your child’s school require additional information concerning the specific needs of your child, then this will be done via the Individual Education Plan or Action Plus, for children with difficulties or disabilities.
- A settling in plan, an action plan to support inclusion and a transfer sheet (room to room), have been included at the end of the “All about Me” book, for use and guidance to support the transfer of information at times of transition:
- When the “All about Me” book is no longer required it will be returned to parents or carers.

All About Me

A drawing or photograph



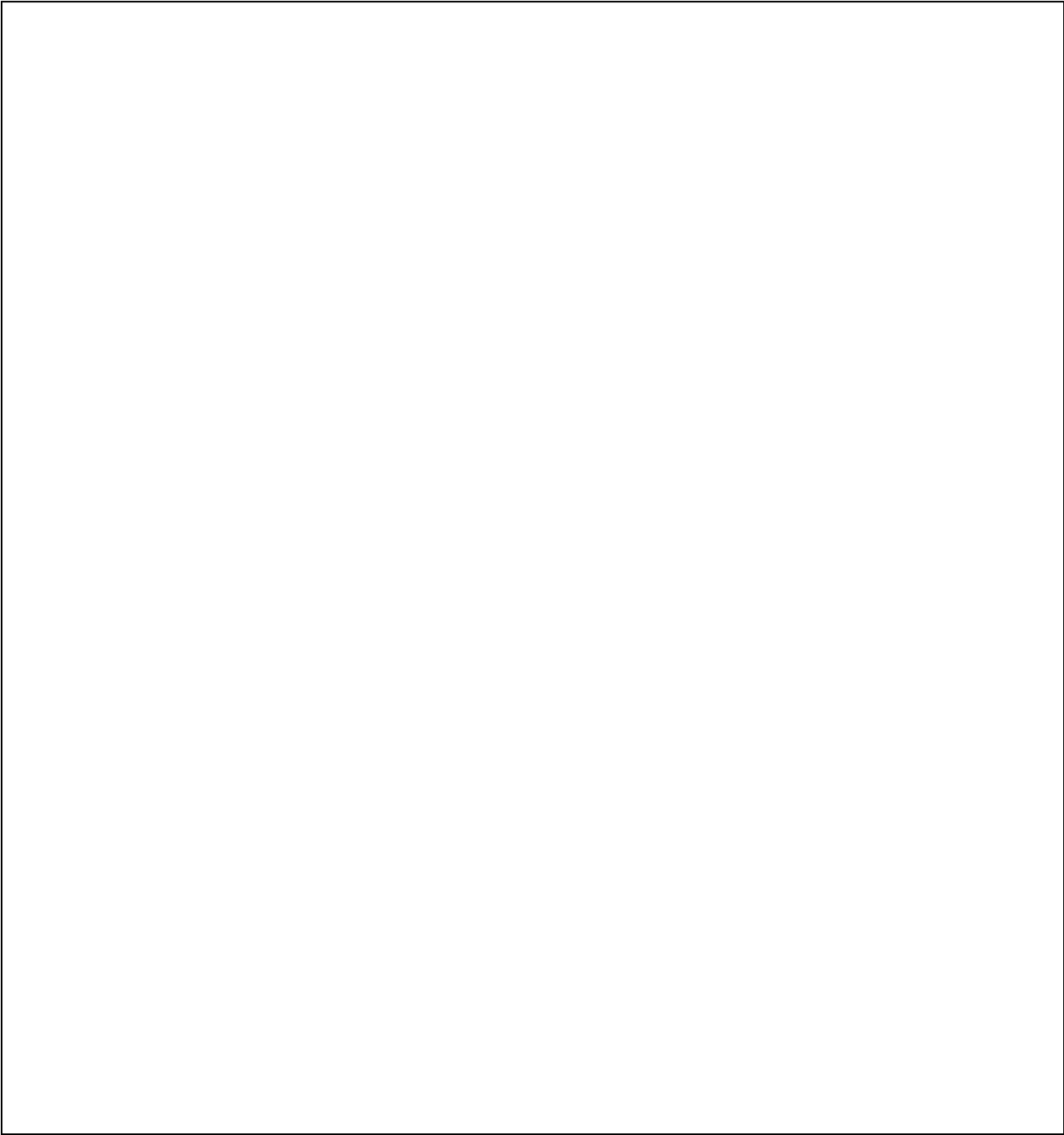
My name is:

I was born on:

I am going to:

(Name of Setting)

Pictures of people who are important to me



Parent/Carers may like to contribute photos e.g. of family and friends, child care providers (past and present).

- **I like**

- **I don't like**

- **Things I can do**

- **My Family and I celebrate**
(The cultural and religious events I take part in)

- **My favourite toys, rhymes and stories**

Things I would like you to know about me

- **I need help with**
- **Special things I need**
(Dietary requirements, healthcare plan, include special words used and symbols used to communicate)
- **If I'm upset I.....**
(e.g. I rarely cry unless I'm hurt, I don't like to be cuddled if I get upset)
- **My special skills**
(Such as an additional language)

Settling - in plan

Child's name:

Date of birth:

- **What would you as the child's parent/carer like the setting to do for the child?**

- **Settling in Sessions**

- **Things for nursery to do**

- **Things to do at home**

- **Things that make me feel happy about starting at nursery**

- **Things that make me feel worried about starting at nursery**