

LUTTERWORTH YOUTH THEATRE ACADEMY

SUMMER HOLIDAY WORKSHOPS 2010

“learning & developing skills whilst having
fun with the performing arts”

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Lutterworth Performing Arts Centre



Studio 1 - Dance Studio

Introduction

Lutterworth Youth Theatre Academy Limited is a company concerned with ensuring the Children of Lutterworth, and the surrounding villages, have an opportunity to develop their skills linked to the performing arts, throughout the school holidays.

In 2010 children of school age, in Leicestershire, will have six full summer holiday weeks. It is certainly a challenge for parents and guardians to fully occupy their charges.

At LYTA, in association with Lutterworth Performing Arts Centre, we have developed a full programme of events, to ensure students have the chance to learn or develop skills that will help them to grow as people.

Each course is designed as a creative outlet so each child, irrespective of their ability, will increase in self-confidence and self-esteem. They will improve their communication skills, learn to work closely with others towards achieving a common goal, whilst learning and improving theatre techniques and their confidence to perform. Not forgetting, of course, we are also here to have lots of fun.

Workshop overview

Week 1	Monday 19th July – Friday 23th July 'Lutterworth at the Musicals'	Musical Theatre Workshop 1
Week 2	Monday 26 th July – Friday 30 th July 'Everybody Dance Now'	Dance Workshop 1
Week 3	Monday 2 nd August – Friday 6 th August 'Express Yourself' 'Arts and Crafts'	Drama Workshop 1 Arts and Crafts for 5 to 8 yrs
Week 4	Monday 9 th August – Friday 13 th August 'Lutterworth at the Musicals'	Musical Theatre Workshop 2
Week 5	Monday 16 th August – Friday 20 th August 'Everybody Dance Now'	Dance Workshop 2
Week 6	Monday 23 rd August – Friday 27 th August 'Musical in a Week'	Dance, Drama and Musical Theatre workshop

Age Range

For all of the workshops, the age range is 6 – 16. The only exception to this is the Arts and Crafts workshop where the age range is from 5 - 8 years.

On arrival, the children will be split into three age groups and this will be the group that they will predominantly be working in.

- Juniors Age 6 – 9
- Intermediate Age 10 - 13
- Seniors Age 14 – 16

Session times

Each workshop will commence at 9.00am and conclude at 3.30pm promptly.

A pre-workshop club commencing at 7.30am exists to allow parents to leave their children early and an 'after school' club exists, until 6.00pm, for parents who are unable to pick up their children until later in the day.

There is more information regarding this later in the document.

Academy Ethos

We wish all attendees of the Academy to think of others as much as of themselves, giving as well as receiving, trusting others, being tolerant of those with different views and habits, respecting all around as individuals and caring for their well-being.

We believe a friendly and happy atmosphere brings out the best in all of us and we encourage a spirit of co-operation and generosity.

The Academy benefits from being totally independent and for the duration of the summer school break it will have total usage of The Lutterworth Performing Arts Centre. The Centre has four studios; a dance studio with maple sprung floor, a tap and music studio and two drama studios. There are also several changing rooms and disabled access is also available.

Academy Staff

Teaching staff within the Academy are committed to delivering the highest standard of education in the disciplines they support. Prior to appointment, teaching applicants go through a thorough recruitment process to ensure their suitability for the role for which they have applied. Staff are carefully selected for their experience and passion to develop young people and their desire to regularly seek to improve their own competencies.

All staff have appropriate CRB checks completed prior to and during their appointment with the Academy.

Week 1 Musical Theatre Workshop 1 (19/07/10 - 23/07/10)

Week 4 Musical Theatre Workshop 2 (09/08/10 - 13/08/10)

'Lutterworth at the Musicals'

Improve your skills in singing, dancing and acting

Course Fee £118 for the week

This course is appropriate for students of all abilities age 6 – 18 yrs.

The course commences at 9.00am and concludes, promptly at 3.30pm.

Musical Theatre is a form of theatre combining music, songs, spoken dialogue and dance. Since the early 20th century, musical theatre stage works have generally been called simply, 'musicals'.

This will be a fantastic week where students will be able to improve their skills across the three disciplines of the Musical Theatre World. During the workshop, emphasis is placed on all students being fully involved and engaged in an atmosphere of fun. The week is focused on the students learning different dance routines and songs from well known musicals such as High School Musical and Hairspray. To enjoy this workshop you do not have to be able to sing like an angel or dance like a superstar. All you need is enthusiasm, a willingness to get involved and the energy to want to have fun.

At the end of the week, on the Friday afternoon at 2.30pm, the students will perform a showcase to family and friends who are able to attend the centre to watch.

At the beginning of each day, registration is taken and then a group warm-up exercise session takes place; this is held in the main studio. The students are taken through a variety of exercises which, although not onerous, warm up the muscles and prepares them for the activities ahead. At this point our dancing staff will usually give tips on increasing general fitness levels. We accept some students are not as able as others and although encouragement is given, no one is forced to do anything they find uncomfortable.

After this, the Course leader will then outline to the students the format of the day and then the students will join their age group category and rotate around the building, spending proportionate time studying the three disciplines of music, dance and drama; with dedicated teaching staff for that subject.

NB: The content for each of the two Musical Theatre workshop weeks will be different in order that students can attend each without replication.

Comfort breaks are provided after each discipline, to allow students to interact and take refreshments.

Lunch is not provided and students are required to bring a packed lunch with them.

For enrolment and pre/post course after hours club see page 13.

For dress code see page 11.

Week 2 Street dance Workshop 1 (26/07/09 - 30/07/09)

Week 5 Street dance Workshop 2 (16/08/09 - 20/08/09)

'Everybody Dance Now'

Improve your skills in dance

Course Fee £118 for the week

This course is appropriate for students of all abilities age 6 – 18 yrs.

The course commences at 9.00am and concludes, promptly at 3.30pm.

Dance is an art form that generally refers to movement of the body, usually rhythmic and to music, used as a form of expression, social interaction or presented in a spiritual art form or performance setting. It may also be regarded as a form of non verbal communication between humans.

Emphasis is placed on all students being fully involved and engaged in an atmosphere of fun. This week is going to be all action. The week involves the students creating and learning dance routines set to music, across the different styles of dance including street dance. Staffing allows us to be able to cope with experienced street dancers as well as those new to it. To enjoy this week, you do not need experience, but you do need the enthusiasm to throw yourself into the action. The week caters for all levels of ability. This is going to be fun and at times, challenging for those who are more experienced, but who want to be stretched.

At the end of the week, on the Friday afternoon at 2.30pm, the students will perform a showcase to family and friends who are able to attend the centre to watch.

At the beginning of each day, registration is taken and then a group warm-up exercise session takes place; this is held in the main studio. The students are taken through a variety of exercises which warm up the muscles and joints, preparing them for the activities ahead. At this point our dancing staff will usually give tips on increasing general fitness levels. We accept some students are not as able as others and although encouragement is given, no one is forced to do anything they find uncomfortable.

After this, the Course leader will then outline to the students the format of the day and then the students will join their age group category and or ability class and rotate around the building, spending proportionate time with the different dance teachers.

Comfort breaks are provided after each discipline, to allow students to interact and take refreshments.

Lunch is not provided and students are required to bring a packed lunch with them.

For enrolment and pre/post course after hours club see page 13.

For dress code see page 11.

NB: The content for each of the two Musical Theatre workshop weeks will be different in order that students can attend each without replication.

Week 3 Drama Workshop (02/08/09 - 06/08/09)

'Express Yourself'

Improve your skill in acting

Course Fee £118 for the week

This course is appropriate for students of all abilities age 6 – 18 yrs.

The course commences at 9.00am and concludes, promptly at 3.30pm.

"What is Drama but life with the dull bits taken out". - Alfred Hitchcock

Emphasis is placed on all students being fully involved and engaged in an atmosphere of fun. The week is going to be fast moving with its focus being on students creating and developing their own characters; working on dramatic pieces that will challenge them to perform well known work in emotional contexts. The course will involve creating scripts and dramatic pieces of work as part of an overall performance. The course also examines the use of body language, dialects, voice projection and performing skills. To enjoy this course you don't need to be the next Meryl Streep or even look like Brad Pitt. To benefit from this week you need to be enthusiastic and have a willingness to get stuck in and have lots of fun.

At the end of the week, on the Friday afternoon at 2.30pm, the students will perform their creative work in a showcase to be performed for family and friends who are able to attend the centre to watch.

At the beginning of each day, registration is taken and then a group warm-up exercise session takes place; this is held in the main studio. The students are taken through a variety of exercises which, although not onerous, warm up the muscles and prepares them for the activities ahead. We accept some students are not as able as others and although encouragement is given, no one is forced to do anything they find uncomfortable.

After this, the Course leader will then outline to the students the format of the day. The students will join their age group category and rotate around the building, spending time studying different elements of drama; building on character and creating performance pieces with dedicated teaching staff.

Comfort breaks are provided after each discipline, to allow students to interact and take refreshments.

Lunch is not provided and students are required to bring a packed lunch with them.

For enrolment and pre/post course after hours club see page 13.

For dress code please see page 11.

Week 3 Arts & Crafts week (02/08/09 - 06/08/09)

'Creative Lutterworth'

Course Fee £25 per day or £118 for the week

This course is appropriate for students of all abilities age **5 – 8 yrs.**

Each day commences at 9.00am and concludes, promptly at 3.30pm.

***Arts and crafts** comprise a whole host of activities and hobbies that are related to making things with one's hands and skill. These can be sub-divided into handcrafts or "traditional crafts" (doing things the old way) and "the rest". Some crafts have been practised for centuries, while others are modern inventions, or popularisations of crafts which were originally practised in a very small geographic area.*

Emphasis is placed on all students being fully involved and engaged in an atmosphere of fun. This week is active and will involve a different theme for each day. The students will learn skills and make costumes, hats, masks etc in a safe environment.

Monday	02/08/10	Circus crafts
Tuesday	03/08/10	Pirates
Wednesday	04/08/10	Fairy Princess / Knights of the roundtable
Thursday	05/08/10	Animal Life
Friday	06/08/10	Witches & Wizards

Please note there is no showcase on the Friday for this workshop.

At the beginning of each day, registration is taken.

The Course leader will then outline to the students the format of the day. The students will spend time learning skills, designing and making props, costumes linking in with the theme of the day. This will include story board activities.

Comfort breaks are provided to allow students to interact and take refreshments.

Lunch is not provided and students are required to bring a packed lunch with them.

For enrolment and pre/post course after hours club see page 13.

- Aprons will be provided but please ensure that children taking part are wearing 'old clothing' as they will be working with paint and glue.

Week 6 Show in a week (23/08/10 - 27/08/10)

Bugsy Malone - 'Show in a week'

Improve your skills in singing, dancing and acting

Course Fee £118 for the week

This course is appropriate for students of all abilities age 6 – 18 yrs.

The course commences at 9.00am and concludes, promptly at 3.30pm.

Musical Theatre is a form of theatre combining music, songs, spoken dialogue and dance. Since the early 20th century, musical theatre stage works have generally been called simply, 'musicals'.

This will be a fantastic week where students will be able to improve their skills across the three disciplines of the Musical Theatre World. Unlike the other Musical theatre workshops, in which extracts are performed, this week will be concerned with producing a full show in a week. The week is concerned with the students learning different dance routines, dialogue and songs from the well known musical, Bugsy Malone. To enjoy this workshop you do not have to be able to sing like an angel or dance like a superstar. All you need is enthusiasm, a willingness to get involved and the energy to want to have fun.

At the end of the week, on the Friday afternoon at 2.30pm, the students will perform the show to family and friends who are able to attend the centre to watch. The performance will last approximately one hour.

At the beginning of each day, registration is taken and then a group warm-up exercise session takes place; this is held in the main studio. The students are taken through a variety of exercises which warm up the muscles and joints preparing them for the activities ahead. We accept that some students are not as able as others and although encouragement is given, no one is forced to do anything they find uncomfortable.

After this, the Course leader will then outline to the students the format of the day. The students will join their age group category and rotate around the building, spending proportionate time studying the three disciplines of music, dance and drama; with dedicated teaching staff for that subject.

Comfort breaks are provided after each discipline, to allow students to interact and take refreshments.

Lunch is not provided and students are required to bring a packed lunch with them.

For enrolment and pre/post course after hours club see page 13.

For dress code see page 11.

Health & Safety

The safety and security of our students and staff is our first objective. The building is fully alarmed, regularly inspected and regular fire drills are conducted to ensure that in the event of an emergency, all members within the building are fully aware of the safety procedures. Qualified First Aiders are on site at all times and parents/guardians are able to see a copy of the Health and Safety policy upon request. In the event of an accident at The Centre, an entry will be made in the accident book and parents/guardians will be advised of the incident as soon as is practicable. Full indemnity insurance is in place. During sessions the building is locked to ensure no one leaves the building without being accounted for.

It is the responsibility of the student's parent/guardian, to collect their child from the centre at the due time. Students will not be allowed to leave the building until an adult is able to collect them. Parents/guardians are asked to advise the centre if someone other than themselves are collecting the student

{For information purposes there is available parking on the site for over 100 vehicles}

Medical Conditions

We try to keep a confidential record of all known student medical conditions. This is particularly useful in the event of a student being taken ill whilst at school or during an off site visit. On enrolment a medical questionnaire is completed. Can parents/guardians please make us aware of any changes, as soon as is practicable, in order to keep our records updated.

Prescription Medications

It is inevitable that some of our students will have the need to take prescription medication on occasion. In such circumstances, we would ask that the parent/guardian gives the medication to a staff member for safekeeping under lock and key.

Use of Aerosols

For safety reasons aerosols are not allowed in the school. This includes hair sprays and deodorants. The only exception is medicines in aerosol form, such as inhalers.

Use of inhalers

The school policy is that students carry their own inhalers, i.e. for the treatment of asthma, ready for immediate use in the event of an attack. Please discuss with the school alternative arrangements for dealing with your child if you have concerns.

EpiPen

In the event that your child needs an epipen, please arrange for a separate meeting with the Principal, to ensure that everyone is clear on the process for delivering medication and this is recorded.

Dress Code

It is important that students feel comfortable and should be dressed accordingly. However we also need to be aware of the health and safety issues. Therefore, students attending courses must comply with the following:

Hair: All hair should be tied back prior to commencement of the session.

Jewellery: All jewellery, including ear rings, rings and any other body piercings must be removed prior to commencement of the course.

As a guideline, T shirts, hoodies, leggings, jazz pants, track suits are appropriate. We would strongly suggest that jeans and skirts are not worn as they are inappropriate for the activities that will be carried out.

Because of the quality of the floor in our main studio and the fact that the students will be dancing in most of the courses, the type of footwear that the students wear is very important.

The following are allowed. Jazz shoes, jazz trainers, plimsolls, dance sneakers, sneakers and some trainers. (White soled shoes/sneakers/trainers are prohibited.)

Shoes for dancing should not be worn into the centre from outside, but should be changed into, prior to the commencement of the first session, in the changing rooms. This prevents outside dirt, grass etc. coming into the studios.

Each student should also have an outside pair of trainers, as weather permitting, we can play games outside during the lunch break.

All clothing should be clearly labelled with the students name.

Any jewellery given to staff for safekeeping is done so entirely at the owner's risk.

If you have any concerns regarding any of the above, then please contact the centre for advice.

Punctuality & Absenteeism

It is important for the smooth running of the course that all students arrive punctually, prior to the commencement of the session they are attending. There should be sufficient time allowed for students to make sure they change their outside shoes, tie back their hair and remove all jewellery.

If a student is going to be absent, or late, for any reason it is requested that the parent or guardian telephone the centre to inform us.

Changing facilities and Lost property

All items left in the changing rooms are done so purely at the owners risk. Whilst every effort is made to ensure there is no possibility of outside intrusion, the Centre cannot be held responsible for any loss. It is strongly recommended that no items of value are brought into the premises. Damage or loss can cause great distress. The school does not cover insurance for items lost or damaged at the premises.

Lost property will be kept for a period of 28 days and will then be disposed of.

Mobile Phones & Valuables

We are happy to allow mobile phones in the Academy, but they are for emergency use only. Mobile phones are not allowed in any of the studios. Please do not contact your child by mobile phone, please contact the office number at the centre. Please use the Academy to relay urgent messages only. Mobiles seen or heard in any of the studios will be confiscated until the end of the session. If valuables have to be brought onto the premises please leave these with a member of staff on reception for safekeeping. Items are left in changing rooms at the risk of the individual.

On site provision

The Academy provides a 'tuck shop' for the students selling crisps, confectionery and still soft drinks. We strongly advise parents/guardians restrict the amount of money the students bring into the building. It is very difficult to 'police' the amount that each student spends. Fizzy drinks are discouraged and chewing gum is banned from the premises. Sweets and confectionery are banned from being taken into any of the studios.

Chilled water is provided from a water dispenser in reception and is complimentary.

The Academy operates a Student Bank throughout the courses. This means as a parent, you can bank some money with the school in order that purses and wallets do not need to be left in the changing rooms. Your child can then withdraw money to be spent in the tuck shop each day. A daily limit can be set by you.

Communication

In the event of an emergency, the Academy will contact you to inform you of the situation. It is critical the information you give, regarding contact information, on the enrolment form is accurate.

You will understand the teaching staff also reserve the right to withdraw a student from a course, if the behaviour of the student is inappropriate, offensive, aggressive or disruptive. In this unlikely event, the parent will be contacted immediately and arrangements must be made to collect the child concerned.

Photographs

On the first day of each course, a 'head and shoulders' photograph will be taken of the student 'in house'. This photograph will not be circulated but placed on file to aid identification.

During the week, photographs of the students will be taken in the workshops to enable us to create an album, that can be emailed to each student after the course, as a record of their week. It is, therefore, a condition of the school that parents/guardians of students agree the student can be photographed.

From time to time, photographs of the students will appear on the website, but students names will not be published, except in circumstances where parents/guardians have agreed.

Enrolment

Because spaces are limited for all of the courses, applications for enrolment will be based on a first come, first served basis.

The enrolment forms must be completed in full, with a non-refundable deposit of £18 (payable for all of the courses), to secure a place. The only exception to this is the Arts & Crafts workshop in week 3 where the non-refundable deposit sum of £10 is required.

The remaining balance for each course must be paid prior to 30th June 2010.

A copy of the enrolment reservation form, medical questionnaire and contract document can be found at the back of this prospectus. Should you require any further forms then please contact the Principals Office.

Pre & Post Workshop Club

The Pre-school club enables parents to drop off their children prior to commencement of the course.

The club operates from 7.30 am to 9.00am. Children should have their breakfast prior to arrival.

The Post-school club operates from 3.30pm until 6.00pm. At 4.45pm children will be given a snack (selection of yoghurt's, biscuits and fresh fruit)

During the club times, students will be occupied by engaging in role playing, playing games etc.

Fees are £7.50 per full hour and £4 per half hour or part thereof.

Should you wish to discuss any of the items in the prospectus or need clarification then please contact the Principals office at Lutterworth Performing Arts Centre.

Bradley Woodward

Bradley Woodward
Principal

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