

Beauty By Amiee

Eye Treatments

CND Shellac

Mink Lash Extensions

Massage

Pamper Packages

Spray Tanning

Proms

Facial Treatments

Manicures & Pedicures

Beauty By Amiee

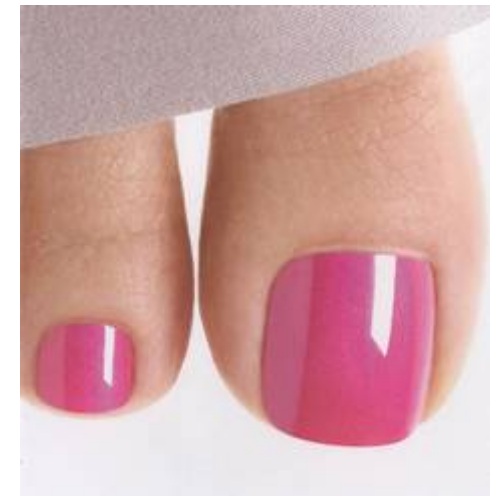
Beauty By Amiee is a
fully qualified
experienced Beauty
Therapist and
Consultant

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Pedicure
Aftercare



Pedicures Aftercare

To make the best of your newly pedicured feet, follow these simple guidelines:

After having a pedicure you may find that your nails may be slightly wet from the treatment so we advise you to bring flip flops to prevent chipping the varnish.

- To get the full benefit from your pedicure treatment, exfoliate feet often to keep feet soft.
- Let your feet breathe, and soak them regularly.
- Use foot powder if your feet tend to sweat.
- Do simple foot exercise to keep joints subtle.
- Return to Beauty By Amiee for regular pedicures and further maintenance and treatments.

Further treatments include; Paraffin Wax or Foot Mask.

- Do not wear tight fitting shoes, tights or socks.
- Use foot cream daily to improve your circulation and keep skin moist.
- Use foot spray as and when to refresh your feet.

CND Shellac Pedicures

Shellac is long lasting but aftercare needs to be followed to ensure nails remain chip free for as long as possible. This includes:

- Daily application of solar oil to the cuticle and nail area . You can get this from us.
- Correct removal of shellac. It should not be picked off as it needs to be removed professionally.
- Some chemicals can affect shellac particularly those containing 'deet' which is often found in sunscreens and fly repellents.

