For more information about the Parkinson's disease service visit the Neurology department pages under the A-Z departments on our website: www.royalberkshire.nhs.uk

### Consultant neurologist



Dr Marko Bogdanovic 0118 322 5306 (secretary: Sue Ironside)

### Consultant in elderly care



Dr Apurba Chatterjee 0118 322 5303 (secretary: Ann Pearson) apurba.chatterjee@royalberkshire.nhs.uk

### Parkinson's Disease Nurse Specialist



Karen Guy
0118 322 6855 (answerphone)
karen.guy@royalberkshire.nhs.uk

For more information about the Trust, visit our website at <a href="https://www.royalberkshire.nhs.uk">www.royalberkshire.nhs.uk</a>

Neurology Department
Royal Berkshire NHS Foundation Trust
Level 1 South Block Annexe
London Road
Reading RG1 5AN
Telephone 0118 322 5111
www.royalberkshire.nhs.uk

K. Guy, September 2009 Review due September 2010

## Royal Berkshire NHS Foundation Trust

Parkinson's disease How to access your local Parkinson's disease service

Karen Guy is the Parkinson's disease (PD) nurse specialist based at the Royal Berkshire Hospital, providing:

- Patient reviews in clinic
- Inpatient specialist advice
- Symptom management
- Referral to and liaison with other services
- Telephone support, advice and information to anyone with PD, their families and friends in the West Berkshire area.

Once the neurologist or elderly care physician has diagnosed PD, we work together with you as a team to devise the best possible way of meeting your particular needs, especially in terms of symptom management.

We can also be useful contacts for other professionals who may need specialist advice or help in PD related issues.

Dr Marko Bogdanovic and the PD nurse specialist will see people in the Movement Disorder clinic, in the Outpatients' department, South Block held on Wednesday afternoons from 1.30pm. Dr Jane Adcock will also see patients with PD in her general neurology clinics.

Dr Apu Chatterjee and the PD nurse specialist will see people on Woodley Ward in Battle Block on Monday afternoons.

# All these clinics are held at the Royal Berkshire Hospital.

Dr Andrew Weir, Dr Saleem Khan and Karen Guy also have a clinic on Monday mornings at the West Berkshire Community Hospital in Thatcham, where they can also see patients with PD. If, for exceptional reasons, you are not able to come to these designated clinic times, please liaise with Karen and she will try and accommodate you. Karen is employed by the Royal Berkshire NHS Foundation Trust and is therefore unable to make community visits.

It is possible to make appointments for telephone consultations, Monday to Friday, with the PD nurse specialist. A specific time will be allocated when she will phone you to discuss your concerns. To arrange this, please leave a message on the answerphone or email. Messages are picked up daily from 9.00am and returned the same day, wherever possible.

Any problems that require prompt attention, please contact your GP.

#### Useful contact numbers

Reading District Branch Parkinson's disease society

Tel: 0118 977 2666

Berkshire PEPs promote a positive perspective on Parkinson's for young onset *Parkies*:

- Supporting and befriending
- Informing and raising awareness
- Enjoying social activities & having fun

Web: www.pdpeps.org

Parkinson's disease Society
National Freephone Helpline
Tel: 0808 800 0303
9.30am - 9.00pm Mon to Fri
9.30am - 5.30pm Saturday
(Specialist support by nurses and advisors)

Parkinson's disease Society
National Office
215 Vauxhall Bridge Road
London SW1V 1EJ
Email: enquiries@parkinsons.org.uk

Web: www.parkinsons.org.uk