In association with the Midland & Nottinghamshire Areas of the BJC

Present

the annual Judo course

Tamworth 2013

February 16th – 17th 2013

At

The Rawlett Community Sports College
Comberford Road
TAMWORTH
Staffs
B79 9AA

Further information from: Keith Dawson (01827 289406) or Len Witts (01509 821750)
Coaches attending include

Sensei Robin Otani – President of the BJC
Sensei G R Mealing – 7th Dan (BJC Vice President)
Principal Instructor – to be confirmed
  John Cole – 6th Dan
  Andy Marshall – 5th Dan
  Len Witts – 4th Dan
  Roger Harris – 4th Dan
& other BJC Dan grades

Course Costs

<table>
<thead>
<tr>
<th></th>
<th>Senior</th>
<th>Junior</th>
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<tbody>
<tr>
<td>Weekend</td>
<td>£30</td>
<td>£17</td>
</tr>
<tr>
<td>Day</td>
<td>£17</td>
<td>£12</td>
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A family discount is available to members of the same family. Parent and first child pay the full amount, subsequent children pay £7 for two days and £4 for one day.

Pre-registration is strongly recommended. See back page for booking form.

Enquiries Tel:01827 289406 email: keith@merciahudokwai.co.uk

Further information from: Keith Dawson (01827 289406) or Len Witts (01509 821750)
We are pleased to invite you to our Annual Judo Weekend. Once again, we are offering a mixture of competition training, kata work, and a regional grading. In addition, we are providing the BJC First Aid training Course on the Saturday. We will consider providing the FPJ Level 1 Course if there is sufficient demand.

Mercia Judokwai is host to the British Judo Council’s Team BJC training centre at Rawlett Community Sports College. We are affiliated to the Midland Area of the BJC and close friends of the Nottinghamshire Area. We are grateful for their support with this course.

During the course there will be three mat areas designated for general judo and gradings, plus two further mat areas, in a quiet dojo, dedicated to Kata, hopefully under the expert eye of Mr Mealing.

We are awaiting confirmation of this year’s guest instructor. You can be guaranteed an enjoyable and interesting weekend’s judo as in previous years.

Please note that an up to date license (with a photograph) of an approved judo organisation must be produced on the day in order to attend any of the sessions. Only BJC license holders may grade.

You may choose to bring a packed lunch with you or you can purchase snacks/sandwiches from our club café. Lunches can be pre-booked each day.

Registration takes place each day at 9.00 until 9.45. Please allow time to register and change so as to be on the mat for a 10.00am start.

Further information from: Keith Dawson (01827 289406) or Len Witts (01509 821750)
First Aid Course

NB This course has limited places available so early booking is essential. If it is oversubscribed a full refund will be made to unsuccessful applicants. The course lasts approximately 6 hours.

I would like to attend the First Aid Course on 16\textsuperscript{th} February 2013 and enclose the course fee full amount of £25.

Name:……………………………………….. Telephone No:…………………………
Address:…………………………………….. Club:……………………………………
……………………………………….. Area:……………………………………
……………………………………….. Grade:……………………………………

General Course

I would like to attend the Mercia Judokwai Judo Course on 16\textsuperscript{th}/17\textsuperscript{th} February 2013.

NB If grading, there is a pre-requisite that the technical aspects of the grading examination have been completed and a grading card is submitted on the day.

Name:……………………………………….. Telephone No:…………………………
Address:…………………………………….. Club:……………………………………
……………………………………….. Area:……………………………………
……………………………………….. Grade:…………………………………… Age:

Email address:………………………………………………………………………………

Day attending: Sat/Sun/Both Grading: Yes/No

Fee enclosed: Senior £30 (both days) £17 (one day)
Junior £17 (both days) £12 (one day)
Family £54 (both days – 1 Adult plus 2 children) £33 (one day)
£61 (both days – 1 Adult plus 3 children) £37 (one day)

Make cheque payable to Mercia Judokwai and send to:
Keith Dawson, 3 The Green, Bonehill, TAMWORTH, Staffs, B78 3HW

Further information from: Keith Dawson (01827 289406) or Len Witts (01509 821750)