

ILM Level 5 Certificate and Diploma in Management Coaching and Mentoring



Who are these qualifications for?

The Certificate and Diploma in Coaching and Mentoring are ideal qualifications for managers with significant responsibility for coaching and mentoring as part of their day-to-day role. They are also designed to develop learners planning to move into or are in a development / specialist role, or are looking to start a career as a freelance coach and mentor.

Benefits for Individuals

- Have a critical understanding of the role and responsibilities of the workplace coach and mentor
- Deepen your understanding of how coaching and mentoring can impact an organisation
- Be able to assess your own skills, behaviours and knowledge as a coach and mentor
- Provide evidence of your own development as a coach and mentor through the qualification
- Plan your further development
- Plan, deliver and review coaching and mentoring in your organisation.

Benefits for Employers

- Ensure the managers you develop as coaches or mentors are properly equipped with the skills, knowledge and ethical understanding they need
- Develop a coaching and mentoring culture in your organisation, so that managers are able to provide effective support for the development of others and improve their performance.

There are three mandatory units in each qualification

The first unit, 'Understanding the skills, principles and practice of effective management coaching and mentoring' aims to enable learners to understand the role and contribution of coaching and mentoring, and build a business case.

The second unit, 'Reviewing own ability as a management coach or mentor' aims to give learners the ability to critically review their own personal qualities, skills and competence.

For the Certificate, the third unit requires learners to demonstrate their ability to plan, deliver and review at least 12 hours of coaching and mentoring in the workplace. For the Diploma, the final unit is an extended 100 hours of coaching and mentoring, with multiple clients, and there is an added focus on using supervision and reflective review to develop individual practice.

Structure of The WAVA Level 5 Certificate Management Coaching and Mentoring Programme

The units are delivered in three modules over the course of three months with homework tasks between modules:

Dates	Module	Title
24 – 26 September 2013	I	Skills, Principles and Practice of Effective Management Coaching and Mentoring Planning, Delivering & Reviewing Management Coaching and Mentoring Practice
	Homework Task	Completion of Assignment 1 2hrs Coaching or Mentoring
20 – 21 October 2013	II	Planning, Delivering & Reviewing Management Coaching and Mentoring Practice

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Dates	Module	Title
	Homework Task	Completion of Assignment 2 3hrs Coaching or Mentoring Supervision Session 1
28 November 2013	III	Reviewing Own Ability of Management Coaching and Mentoring, and Continuous Improvement
	Homework Task	7hrs Coaching or Mentoring Supervision Session 2 Completion of Assignment 3
31 December 2013	Completion	Completion of All Modules and Assessment Tasks

In summary:

- 7 Classroom Based Days (3 days, 3 days, 1 day)
- 3 Assignments
- Tutorial Support to Complete Assignments (unlimited)
- 12 Hours Management Coaching and Mentoring
- 2 Supervision Sessions (minimum)

Investment

This truly is an investment with a great return. The Programme is an ILM Qualification and as such is recognised as a qualification of quality and international application.

Please be aware that places are limited to 8 people in order for you to maximize your learning and get in-depth constructive feedback from the trainers who are also highly qualified and experienced coaches and mentors in their own field.

- Corporate Rates: QAR 12,450 per person
- Individual Rates: QAR 10,500 per person (This can be paid in installments agreed in advance)

The WAVA Level 5 Diploma Management Coaching and Mentoring Programme

The Diploma is the same structure as the Certificate programme outlined above with a few additions to meet the requirements of 100hrs of coaching and mentoring practice. We would recommend that you complete the Certificate Programme and then consider going on to complete the additional requirements for the Diploma Programme. To top-up from the Certificate programme to the Diploma programme, would require:

- Module IV 1 Classroom Based Day
- 100 hrs of Coaching and Mentoring Practice in total
- 2 Additional Supervision Sessions (minimum)
- 1 Additional Assignment
- Tutorial Support to Complete Assignment (unlimited)
- An Additional QAR 5,500

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Lead Trainer For The Programme

The Lead Trainer for the programme is Nicky Davies who has more than 1,000hrs of coaching and mentoring practice with CEOs, Managers and Leaders in a wide variety of industries and countries around the world. Nicky qualified with an ILM Level 7 Diploma in Executive Coaching and Leadership Mentoring in 2006 and knows first-hand what it takes to complete such rigorous qualifications.



As part of Nicky's continuing professional development, she continues to supervise trainee and newly qualified coaches / mentors and has a Certificate in Supervision. She is also a member of the International Coach Federation (ICF).

With a background in psychology and various therapies, Nicky works at a deep level with clients. She has senior management experience, having held Manager and Director level posts in large organisations in the UK. Nicky has coached people from a wide range of backgrounds, from first time managers, to CEOs and executive directors, to entrepreneurs. Nicky also coaches teams, and finds this is a great way to achieve better results for the organisation, and help instill a coaching culture within the organisation.

She is CEO of WAVA Ltd, an ILM Approved Centre developing people in organisations through ILM Approved Leadership and Management Qualifications and Training Programmes, Coaching and Mentoring Programmes, and Consultancy Projects.

Nicky has been working in Qatar for more than 2 years and worked with many different clients including Amiri Yachts, Dolphin Energy, Hamad Medical, Qatar Petroleum, Ooredoo, Qatari Diar.

Other Trainers For The Programme

Other trainers who are part of the WAVA Team, are local and experienced qualified coaches, holding Associate Certified Coach status with the International Coach Federation (ICF). They will support delivery of the programme as and when required.

Further Information

Further information is available by contacting Nicky direct:

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